



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

8th-12th Grade Boys Post Workouts

Location: Avera Sports Center (85th & Minnesota)

Cost: \$ 75 Please make checks payable to Avera Sports Center
Payment is collected on the first day of workouts.

Athletes will receive a Warwick Workout T-shirt & Shorts

- Post Workouts teach low post moves, shooting techniques, attacking players from the high post, offensive and defensive footwork and much more.

Saturday, September 27 th	3:30-4:30
Saturday, October 4 th	3:30-4:30
Saturday, October 11 th	3:30-4:30
Saturday, October 18 th	3:30-4:30
Saturday, October 25 th	3:30-4:30

Register online at

www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick with questions about weekly workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris)

WHERE CHAMPIONS TRAIN.